

Broccoli and Stilton soup with Stilton CroutonsServes 4-6

Ingredients

For the Soup

350g/12oz broccoli, florets and stalks cut into small pieces
400ml/14fl oz vegetable stock
25g/1oz butter
4 spring onions, finely sliced
50g/1³/4oz Stilton, crumbled, or to taste
100ml/3¹/2fl oz double cream
salt and freshly ground black pepper
pinch freshly grated nutmeg

For the croutons

4 slices French bread 100g/3½0z Stilton, sliced

Method

- 1. Place the pieces of broccoli into a glass bowl. Pour over the vegetable stock. Cover the bowl with cling film and place in the microwave. Cook on full power for four minutes, or until tender.
- 2. Meanwhile, heat a frying pan until hot then add the butter. When it starts to foam, add the spring onions and cook for one minute.
- 3. Transfer the cooked broccoli and stock to a food processor. Add the fried spring onions, Stilton and cream and blend until smooth.
- 4. Transfer the blended mixture to a pan and bring gently to a simmer.
- 5. To make the croutons, toast the French bread under a grill until golden-brown on each side. Top the grilled bread with the slices of Stilton and return to the grill until golden-brown and bubbling.
- 6. Season the soup with salt, freshly ground black pepper and a pinch of nutmeg.
- 7. Divide the soup equally among four warm bowls and top each with a Stilton crouton. Serve.

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